

Planned Activities for Arrowhead Gardens Residents – MAY 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Arrowhead Gardens Office 206-763-0110 After-Hours Emergency Phone 206-755-1325</p>	<p>Hair Cuts 1st & 3rd Mondays 11:00 – 3:00 Women and Men – \$25 B Bldg Craft Room Sign Up In the Wellness Book</p>	<p><i>Details about activities and trips may be found on the sign-up sheets in the B Building</i></p>	<p>1 11:00 SeaTac Senior Lunch 2:00 Scrabble B Comm Rm 2:00-3:30 Craft Club Craft Rm</p>	<p>2 10:30 Shop Fred Meyer etc 12:30-1:30 Chair Yoga 2:30-4:00 Shredding B Bldg Craft Room 4:00-5:00 Friends of Bill 4:45 Museum of Flight</p>	<p>3 9:30 BJ's Bingo & EQC Casino in Fife 11:00 Lunch – Young's Chinese Restaurant 7:00 Movie – B Movie Rm <i>"Fire in the Dark"</i></p>	<p>4 5:00-7:00 Bid Whist B Bldg Community Room</p>
<p>5 9:30-12:00 Nail Care See Sign-Up Book 5:00 Sunday Supper B Bldg Community Room 6:00 Karaoke with Kami</p>	<p>6 9:30 Breakfast – Pancake Chef 10:00 Newspaper Staff Mtg B Bldg Community Room 11:00-3:00 Hair Cuts B Bldg Craft Room</p>	<p>7 10:30 Shop Safeway, etc 12:30-1:30 Chair Yoga B Bldg Community Rm 4:30 Happy Hour – Azteca 5:00 Bid Whist B Com Rm</p>	<p>8 11:00 SeaTac Senior Lunch 2:00 Shop – Southcenter Mall 2:00 Scrabble B Comm Rm 2:00-3:30 Craft Club Craft Rm</p>	<p>9 10:30 Shop Fred Meyer etc 12:30-1:30 Chair Yoga 1:30-3:00 Food Bank 4:00-5:00 Friends of Bill D Bldg Sun Room</p>	<p>10 11:00 Lunch – Pier 88 Boiling Seafood & Bar 4:00 AGRC Board Mtg</p>	<p>11 10:00 Edmonds Spring Fest 10:00-3:00 Garage Sale in the D Bldg Food Bank Room 5:00-7:00 Bid Whist 7:00 Movie – B Movie Room <i>"The Truman Show"</i></p>
<p>12 Mother's Day 5:00 Sunday Supper B Bldg Community Room Bring your own food and enjoy your meal in the company of other residents</p>	<p>13 9:30 Breakfast – Black Bear 10:00 Newspaper Staff Mtg B Bldg Craft Room 1:30 Shop – WinCo Foods 4:00 Block Watch Craft Rm</p>	<p>14 10:30 Shop Safeway, etc 12:30-1:30 Chair Yoga B Bldg Community Rm 5:00 Bid Whist B Com Rm</p>	<p>15 10:15-11:00 Seattle Public Library Bookmobile 11:00 SeaTac Senior Lunch 2:00 Scrabble B Comm Rm 2:00-3:30 Craft Club Craft Rm</p>	<p>16 10:30 Shop Fred Meyer etc 12:30-1:30 Chair Yoga 1:30 Grocery Shopping Walmart – Renton 4:00-5:00 Friends of Bill D Bldg Sun Room</p>	<p>17 11:00 Lunch – Olive Garden 1:00 Emergency Committee Mtg Zoom & Craft Room</p>	<p>18 5:00 Bid Whist Craft Room 7:00 Movie – B Movie Room <i>"The Last of the Dogmen"</i></p>
<p>19 9:30-12:00 Nail Care See Sign-Up Book 5:00 Sunday Supper B Bldg Community Room</p>	<p>20 9:30 Breakfast – Comer Bakery Cafe 10:00 Newspaper Staff Mtg 11:00-3:00 Hair Cuts 1:30 Shop Costco Uwajimaya 4:00 Activities/Events Committee Mtg C Sun Rm 6:00 Rock & Roll Bingo</p>	<p>21 10:30 Shop Safeway, etc 12:30-1:30 Chair Yoga B Bldg Community Rm 4:30 Happy Hour – Bahama Breeze 5:00 Bid Whist B Com Rm</p>	<p>22 11:00 SeaTac Senior Lunch 2:00 Scrabble B Comm Rm 2:00-3:30 Craft Club Craft Rm 4:00 Monthly Birthday Party B Bldg Community Room</p>	<p>23 10:30 Shop Fred Meyer etc 12:30-1:30 Chair Yoga 1:30-3:00 Food Bank 4:00-5:00 Friends of Bill D Bldg Sun Room</p>	<p>24 11:00 Lunch – La Costa 6:00 AGRC General Mtg B Bldg Community Room</p>	<p>25 5:00-7:00 Bid Whist B Bldg Community Room 7:00 Movie – B Movie Room <i>"Amadeus"</i></p>
<p>26 10:00 NW Folklife Festival at the SeattleCenter 5:00 Sunday Supper B Bldg Community Room 6:00 Karaoke with Kami</p>	<p>27 Memorial Day 9:30 Breakfast – Huckleberry Square 10:00 Newspaper Staff Mtg 11:00 Memorial Day Observance Meet in front of B Bldg</p>	<p>28 10:30 Shop Safeway, etc 11:00 Bible Study B Bldg Community Rm 12:30-1:30 Chair Yoga B Bldg Community Rm 5:00 Bid Whist B Com Rm</p>	<p>29 11:00 SeaTac Senior Lunch 2:00 Scrabble B Comm Rm 2:00-3:30 Craft Club Craft Rm</p>	<p>30 10:30 Shop Fred Meyer etc 12:30-1:30 Chair Yoga 4:00-5:00 Friends of Bill D Bldg Sun Room</p>	<p>31 11:00 Lunch – Red Robin 4:00-6:00 Fun Food Friday Potato Bar B Bldg Community Room</p>	<p>GARAGE SALE ► Saturday, May 11 ◀ 10:00 – 3:00 in the D Bldg Food Bank Room. To sell items, please sign up in the Special Events Binder in the B Bldg by May 4</p>