

## Planned Activities for Arrowhead Gardens Residents – APRIL 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>Arrowhead Gardens Office</b> 206-763-0110</p> <p><b>After-Hours Emergency Phone</b> 206-755-1325</p>	<p>1</p> <p>9:30 Breakfast – Shelly's in Burien</p> <p>10:00 Newspaper Staff Mtg B Bldg Community Room</p> <p>11:00-3:00 Hair Cuts B Bldg Craft Room</p>	<p>2</p> <p>10:30 Shop Safeway, etc</p> <p>12:30-1:30 Chair Yoga B Bldg Community Rm</p> <p>4:30 Happy Hour – Jimmy Mac's</p> <p>5:00 Bid Whist B Com Rm</p>	<p>3</p> <p>11:00 SeaTac Senior Lunch</p> <p>2:00 Scrabble B Comm Rm</p> <p>2:00-3:30 Craft Club Craft Rm</p>	<p>4</p> <p>10:30 Shop Fred Meyer etc</p> <p>12:30-1:30 Chair Yoga</p> <p>2:30-4:00 Shredding B Bldg Craft Room</p> <p>4:00-5:00 Friends of Bill</p>	<p>5</p> <p>9:30 BJ's Bingo &amp; EQC Casino in Fife</p> <p>11:00 Lunch – Spuds Alki</p> <p>7:00 Movie – B Movie Rm "Renfield"</p>	<p>6</p> <p>1:00-3:30 Bingo C Sun Room</p> <p>5:00-7:00 Bid Whist B Bldg Community Room</p>
<p>7</p> <p>9:30-12:00 Nail Care See Sign-Up Book</p> <p>5:00 Sunday Supper B Bldg Community Room</p>	<p>8</p> <p>9:30 Breakfast – Maggie's</p> <p>10:00 Newspaper Staff Mtg B Bldg Craft Room</p> <p>12:00 Coffee with a Cop B Bldg Community Room</p> <p>4:00 Block Watch Craft Rm</p>	<p>9</p> <p>10:30 Shop Safeway, etc</p> <p>12:30-1:30 Chair Yoga B Bldg Community Rm</p> <p>5:00 Bid Whist B Com Rm</p>	<p>10</p> <p>11:00 SeaTac Senior Lunch</p> <p>2:00 Shop – Southcenter Mall</p> <p>2:00 Scrabble B Comm Rm</p> <p>2:00-3:30 Craft Club Craft Rm</p>	<p>11</p> <p>10:30 Shop Fred Meyer etc</p> <p>12:30-1:30 Chair Yoga</p> <p>1:30-3:00 Food Bank</p> <p>4:00-5:00 Friends of Bill</p>	<p>12</p> <p>11:00 Lunch – Billy McHale's</p> <p>4:00 AGRC Board Mtg</p> <p>7:00 Movie – B Movie Rm "Shirley"</p>	<p>13</p> <p>1:00-3:30 Bingo C Sun Room</p> <p>5:00-7:00 Bid Whist B Bldg Community Room</p>
<p>14</p> <p>2:00 Rainier Symphony "Classics Concert"</p> <p>5:00 Sunday Supper B Bldg Community Room</p>	<p>15</p> <p>9:30 Breakfast – I H O P</p> <p>10:00 Newspaper Staff Mtg B Bldg Community Room</p> <p>11:00-3:00 Hair Cuts B Bldg Craft Room</p> <p>6:00 Rock &amp; Roll Bingo</p>	<p>16</p> <p>10:30 Shop Safeway, etc</p> <p>12:30-1:30 Chair Yoga B Bldg Community Rm</p> <p>4:30 Happy Hour – Cactus Alki Beach</p> <p>5:00 Bid Whist B Com Rm</p>	<p>17</p> <p>10:15-11:00 Seattle Public Library Bookmobile</p> <p>11:00 SeaTac Senior Lunch</p> <p>2:00 Scrabble B Comm Rm</p> <p>2:00-3:30 Craft Club Craft Rm</p>	<p>18</p> <p>10:30 Shop Fred Meyer etc</p> <p>12:30-1:30 Chair Yoga</p> <p>1:30 Grocery Shopping Walmart – Renton</p> <p>4:00-5:00 Friends of Bill D Bldg Sun Room</p>	<p>19</p> <p>11:00 Lunch – Yea's Wok</p> <p>1:00 Emergency Commtte Mtg Zoom &amp; Craft Room</p> <p>7:00 Movie – B Movie Rm "The Sting"</p>	<p>20</p> <p>1:00-3:30 Bingo C Sun Room</p> <p>5:00 Bid Whist Craft Room</p> <p>6:00-10:00 It's Too Late Baby Dance Party with DJ Norman Bolden B Bldg Community Room</p>
<p>21</p> <p>9:30-12:00 Nail Care See Sign-Up Book</p> <p>5:00 Sunday Supper B Bldg Community Room</p>	<p>22 Earth Day</p> <p>9:30 Breakfast – Little Pat's Place</p> <p>10:00 Newspaper Staff Mtg B Bldg Craft Room</p> <p>1:30 Shop – WinCo Foods</p>	<p>23</p> <p>10:30 Shop Safeway, etc</p> <p>12:30-1:30 Chair Yoga B Bldg Community Rm</p> <p>5:00 Bid Whist B Com Rm</p>	<p>24</p> <p>11:00 SeaTac Senior Lunch</p> <p>2:00 Scrabble B Comm Rm</p> <p>2:00-3:30 Craft Club Craft Rm</p>	<p>25</p> <p>10:30 Shop Fred Meyer etc</p> <p>12:30-1:30 Chair Yoga</p> <p>1:30-3:00 Food Bank</p> <p>4:00-5:00 Friends of Bill D Bldg Sun Room</p>	<p>26</p> <p>11:00 Lunch – Spaghetti Factory</p> <p>6:00 AGRC General Mtg B Bldg Community Room</p> <p>7:00 Movie – B Movie Rm "Chinatown"</p>	<p>27</p> <p>1:00-3:30 Bingo C Sun Room</p> <p>5:00-7:00 Bid Whist B Bldg Community Room</p>
<p>28</p> <p>5:00 Sunday Supper B Bldg B Bldg Community Room</p> <p>6:00 Karaoke with Kami</p>	<p>29</p> <p>9:30 Breakfast – El Super Pollo in Burien</p> <p>10:00 Newspaper Staff Mtg B Bldg Craft Room</p> <p>1:30 Grocery Shopping – Costco and Uwajimaya</p>	<p>30</p> <p>10:30 Shop Safeway, etc</p> <p>11:00 Bible Study B Bldg Community Rm</p> <p>12:30-1:30 Chair Yoga B Bldg Community Rm</p> <p>5:00 Bid Whist B Com Rm</p>	<p><b>Hair Cuts</b></p> <p><b>1<sup>st</sup> &amp; 3<sup>rd</sup> MONDAYS</b> <b>11:00 – 3:00</b> Women and Men – \$25 B Bldg Craft Room Sign Up in the Wellness Book</p>	<p><b>Every Tuesday</b></p> <p><b>DANCE BELEDI Standing</b> Every Tuesday B Bldg Community Room 4:00-5:00</p>	<p><b>Every Wednesday</b></p> <p><b>DANCE BELEDI Seated</b> Every Wednesday A Bldg Sun Room 4:00-5:00</p>	<p><b>Every Wednesday</b></p> <p><b>EAT LUNCH AT THE SEATAC SENIOR CENTER</b> Suggested Donation \$4.50 Bus Leaves at 11:00 am</p>